



Sacred Sistahs, Inc. 2009 Rites of Passage

July 6, 2009

Sacred Sistahs, Inc. will hold its annual Rites of Passage for young women this summer in August at the Claremont Colleges. We will meet on Saturday, August 8, 2009 from 9:00 a.m. to 3:00 p.m., and on Sunday, August 9, 2009 from 9:00 a.m. to 12:00 p.m. at the Office of Black Student Affairs located at 139 East Seventh Street, Claremont, CA 91711. Upon completion of the program, some participants may be eligible to receive a stipend or a scholarship. Parents and family are invited to attend on Sunday as we close with a worship service and recognition ceremony.

Our program will target young African American women ages 11 through 18 and will consist of lessons focused on perceptions of beauty, relationships with young men including sexual health, HIV prevention, the benefits of abstinence, culturally relevant history, healthy eating habits and exercise including yoga, the importance of education and college preparation, and financial literacy. Each young woman will be provided with a notebook for assignments and should wear comfortable clothing for yoga postures.

The mission of Sacred Sistahs, Inc. is to empower, serve, and improve the overall health, well-being, spirit, and vitality of African American and African women and children. Since 2004, Sacred Sistahs, Inc. has conducted rites-of-passage programs and provided mentorship to young women to inspire and promote self esteem and positive self concept through an ongoing process of nourishing and elevating the spirit, mind, and body. Our motto is sisters in solidarity teaching and healing our spirit through prayer, empowerment, affirmation, and knowledge.

For those seeking information for African American male rites-of-passage programs, please call Pastor La Quetta Simmons at (909) 229-1956 or Yolanda Gladney at (951) 532-7414, or email our partner organization, the Tehuti Educational Consortium, at tehuti@charter.net.

We look forward to seeing you and please feel free to contact us by phone at (909) 910-7564 or by email at info@sacredsistahsinc.org.

Respectfully,

Tonia Causey-Bush, Ph.D.
President/CEO, Sacred Sistahs, Inc.



Sacred Sistahs Summer 2009 Rites of Passage
The Claremont Colleges
Office of Black Student Affairs
139 E. Seventh Street, Claremont, CA 91711

Saturday, August 8, 2009

9:00 a.m. - 3:00 p.m.

Sunday, August 9, 2009

9:00 a.m. - 12:00 p.m.

For more information, please call Dr. Tonia Causey-Bush at 909.910.7564 or by email us at tonia@sacredsistahsinc.org

L. Ross